PUZZLE: 5X5

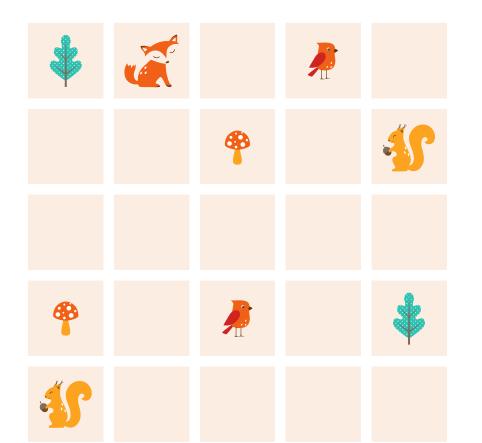
Fill all empty squares so that each autumn character appears exactly once in each row and each column.

Solution on page 3.



SEARCH: 5 BLUE SQUIRRELS

Find the 5 hidden squirrels in this edition of the newsletter



24-Hour Office Lines For Emergencies

In the event you have a serious, time sensitive issue with your unit (i.e. kitchen sink backing up, toilet clogging, power issues), please call your building phone number below:



EARN \$300 BY **REFERRING ANOTHER GREAT RESIDENT LIKE YOU!**

Request a Tenant Referral Form from your building management representative today.

OUR BUILDING LOCATIONS

745 York Mills Road 416.444.1852 69 Gamble Ave 755 York Mills Road 416.444.8515 30 Trudelle St 55 & 65 Ellerslie Ave 416.225.1111 4000 Yonge St 416.481.4000 50 Cosburn Ave 265 Cassandra Blvd 416.445.7704 240 Cosburn Ave 275 Cassandra Blvd 416.445.5637 21 & 25 Gulliver Rd
 375 Bay Mills Blvd
 416.298.8922
 6061 Yonge St

 35 Wynford Hts Cres
 416.449.2420
 10 Hogarth Ave
 45 Wynford Hts Cres 416.445.0323 655 Broadview Ave 416.465.4140

416.429.3178 416.267.7804 1275 Danforth Rd 416.267.7804 416.423.6697 416.818.2555 647.291.2515 416.221.0929 416.466.1979

Interactive map online at mandrholdings.com/residential

ABOUT M&R

For over 50 years, M&R Holdings has been an integrated, family-owned building development and property management company. We believe that maintaining high standards is good business for us and for the people and businesses that call our buildings home. We are dedicated and committed to improving the quality of both our new and existing buildings. Our buildings are not simply properties: they are our reputation and our future.



EARN \$300

by referring a new great resident



M&R NEWS

SUMMER/AUTUMN 2019 - M&R AND PARK WILLOW



BACK-TO-SCHOOL PHOTOS

GAMES

A fun autumn animal puzzle and find the five blue squirrels

FUN FALL ACTIVITIES

Four awesome activities to check out this autumn in Toronto





September is just around the corner again! This means it's time for yellow school buses, new pencil crayons, early morning routines and back-to-school photographs! Taking photos of your kids can be challenging - both from a creative point of view, but also for getting your child's participation. Here are a few ideas for capturing the best shots of your young scholar.

Plan Ahead

Easier said than done, I know. Scrambling on the first day of school to find a camera battery, check a memory card, and set up your tripod could cause you to miss your shots or be late for the first day of school. Plan ahead for your equipment, location, wardrobe or anything else that is important to you.

Do your photos BEFORE the first day of school

That first morning back to school can be hectic, making sure everyone has packed their lunch, dressed themselves and brushed their teeth. Adding a photoshoot to this stressful day is not necessarily going to make it easy to capture a great photo. Try shooting them a day or two before the first day. In fact, you could have a full dress rehearsal in preparation for the first day of school, and conclude it by doing a photoshoot. Extra time reduces the pressure to get a perfect shot in a short period of time.

Let your Kids Pick Their Wardrobe

When they feel comfortable, they are more likely to feel happy in front of the camera. It is tempting to try and control what they wear on the first day as their parent, but they have to feel confident and excited. It is also a reflection of their personality. At the least, narrow it down to a few outfits you would prefer and let them take an active role in deciding the best outfit.

Add a Prop

Adding an object that reflects their character will have an impact of your photos years later. Whether it is an object they own (a small umbrella, their first bike) or something in your neighbourhood (at the park, under their favourite tree), the whole idea of a photo is to capture your kids in a natural way.

Bright Background

Inject fun into the photo by putting your student in front of a brightly coloured background. Perhaps the school has a brightly painted mural (play with depth of field), or it is sunny outside and you can take some photos in the grass. Look for colors that will compliment your child's wardrobe or features.

Take pictures Beside a Growth Chart.

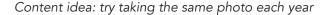
These may not be the ones you frame, but taking photos beside a growth chart will help preserve that information. Lines fade with time, families move houses, things get damaged or lost. Having these photos will help you keep track of those details.

Include The Whole Family.

Buy a remote for your camera, set-up a tripod and take a family photo. This way, the students don't feel like all of the attention is on them, and you will have something to look back on together.

CAPTURING BETTER PHONE/TABLET PICTURES

- Don't lose your favourite pics if your phone dies back up photos onto the cloud or a computer.
 Bring your phone down from adult height to child height for a stronger photo
- Position yourself with a light source behind you so that your children are illuminated and clear
 Gain control of your photos by using apps like ProCamera and SnapSeed
- Keep your lens clean and learn shortcuts to opening your camera to capture spontaneous moments



To avoid damage to your radiators and suite, please **REMOVE WINDOW A.C. UNITS AT THE END OF THE SEASON**

Ask your Superintendent about **PRE-AUTHORIZED PAYMENTS**

When filling in Cheques
PLEASE USE ONLY BLACK INK



Across the city of Toronto there are many great events and activities to check out this fall. Below are four of the best:

Pumpkin Parade

Every November 1st (the day after Halloween), the world-famous Pumpkin Parade takes place at Sorauren Park. In recent years, more than 1500 pumpkins have been included in the parade. Additional parks across the GTA are starting their own Pumpkin parade, so do a search for the parade closest to you!

Nuit Blanche

Toronto's annual free all-night contemporary art event takes place October 5th, 2019 and attracted more than 1.2 million last year. Experience Toronto transformed by hundreds of Canadian and international artists with numerous art installations and shows all stemming from Nathan Philips Square. One night only, all night long..

One of a Kind Show

The One of a Kind Show is one of the largest and best-attended craft shows in North America, featuring unique, handmade crafts and the talented, dedicated artisans who make them. On from November 21-December 1, the 2019 winter show will provide an opportunity where makers, enthusiasts and the craft-curious can connect, shop and celebrate the best in Canadian made.

Christmas Market

This German-inspired annual event is the largest event to grace Toronto's Historic Distillery District every year. Bringing together local craftspeople, musicians and artisanal food-makers, you can sip on mulled wine and European-style Christmas cocktails while browsing through hand-made ornaments, wood carvings and crafts. Then cozy up by the fire or take in live singers, musicians and dancers. Ranked as one of the top 10 holiday markets in the world, discover the magic and romance of Christmas in a beautiful setting.

Toronto Raptors

The NBA's 2019 Champions start another season mid-October. The Raptors are a Canadian professional basketball team that play their home games at the Scotiabank Arena in downtown Toronto. #wethenorth



PARKING IN OUR GARAGE? YOU NEED A CURRENT DECAL FOR YOUR WINDSHIELD!



Visit your site office if you have a new vehicle, have changed vehicles or plates, or have a new windshield. We are here to help you sign up for a parking decal.