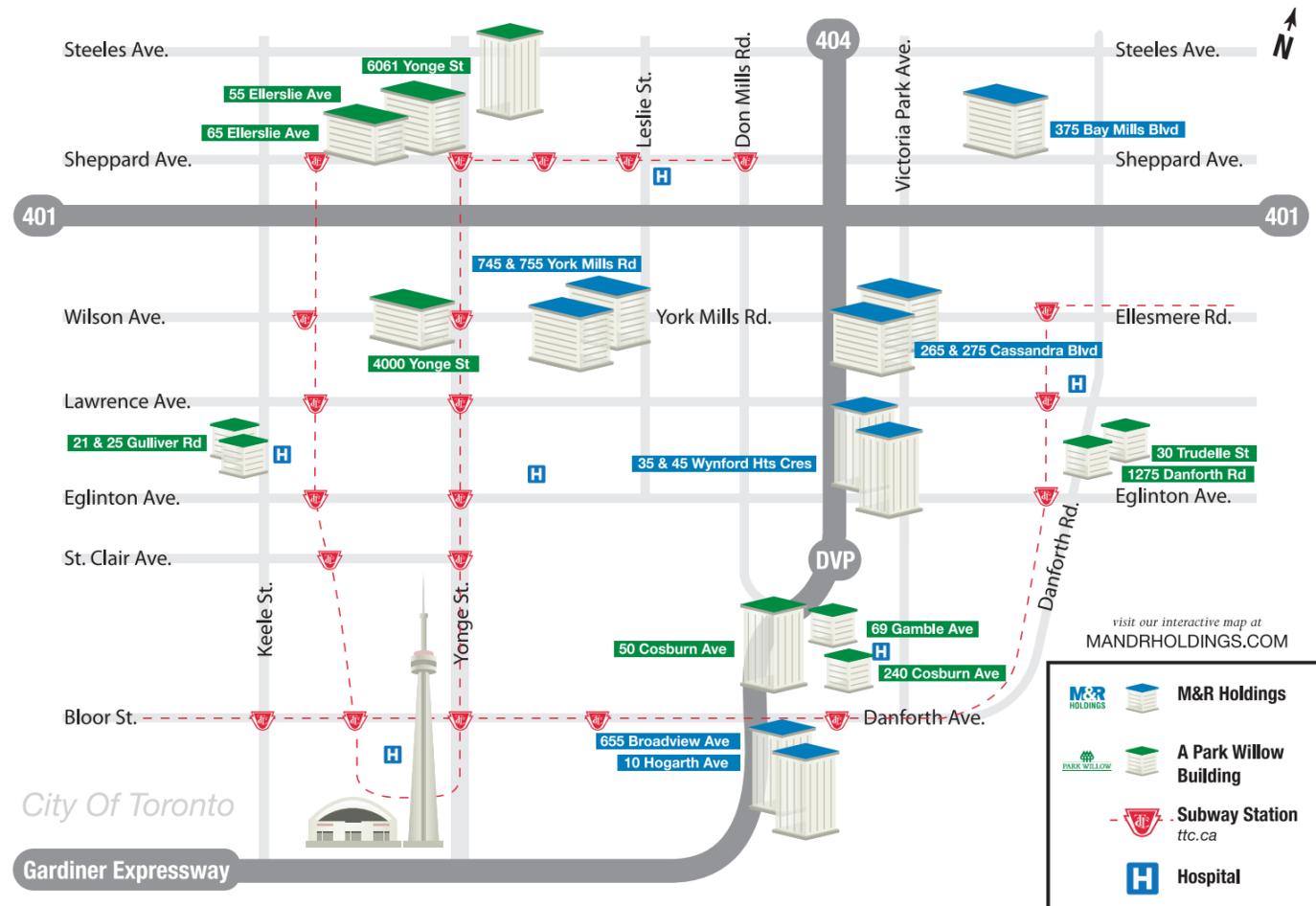


## Residential Properties Managed by M&R Property Management



### CONTACT INFORMATION

745 York Mills Road	<b>416.444.1852</b>	375 Bay Mills Blvd	<b>416.298.8922</b>	50 Cosburn Ave	<b>416.423.6697</b>
755 York Mills Road	<b>416.444.8515</b>	35 Wynford Hts Cres	<b>416.449.2420</b>	240 Cosburn Ave	<b>416.818.2555</b>
55 & 65 Ellerslie Ave	<b>416.225.1111</b>	45 Wynford Hts Cres	<b>416.445.0323</b>	21 & 25 Gulliver Rd	<b>647.291.2515</b>
4000 Yonge St	<b>416.481.4000</b>	69 Gamble Ave	<b>416.429.3178</b>	6061 Yonge St	<b>416.221.0929</b>
265 Cassandra Blvd	<b>416.445.7704</b>	30 Trudelle St	<b>416.267.7804</b>	10 Hogarth Ave	<b>416.466.1979</b>
275 Cassandra Blvd	<b>416.445.5637</b>	1275 Danforth Rd	<b>416.267.7804</b>	655 Broadview Ave	<b>416.465.4140</b>

### GO GREEN

## HOW TO SAVE ENERGY IN YOUR APARTMENT

Looking to flex your green thumb? Then you're in the right place! In each newsletter, we'll be giving you tips on how to incorporate environmentally friendly practices into your everyday life. In this issue, we're focusing on saving energy with a helping hand from the Federation of Rental Housing Providers of Ontario. Not only will these guidelines help you to reduce your energy consumption to give the environment a helping hand, but they'll also help you to lower your monthly energy bills:

- Turn off lights when not in use. Use "task lighting" rather than lighting the whole room.
- Replace incandescent lamps (regular light bulbs) with compact fluorescent lights or LEDs. While more expensive to purchase, they pay for themselves over time, taking 1/4 of the power and having a life of 7 to 10 times longer than incandescents. They also generate much less heat which is a big bonus during the summer.
- Unplug battery chargers or power adapters when equipment is fully charged. Chargers continue to use power when plugged in - even if the device is not attached.
- Use curtains and shades on your windows to keep the heat in during the winter.
- Use window shades to reduce or block sunlight and heat during the summer, particularly if you have windows that receive direct sunlight.
- Small appliances use less power than larger ones. Save money by using a microwave oven rather than a regular electric oven/stove. Use an electric kettle rather than a stovetop one.
- Use a lid when cooking - it will decrease your energy consumption by up to 14%.
- Use cold water for clothes washing. Only use hot water for very dirty clothes. If hot water washing is required, sort the laundry to separate clothes into hot water and cold water loads to reduce hot water energy use.

### IMPORTANT RESIDENT REMINDERS

#### JUST A FEW FRIENDLY REMINDERS FOR OUR TENANTS

- ☑ Break down all cardboard boxes before placing them into the recycling bin.
- ☑ Do not put black, green or opaque grocery bags into the recycling bin.
- ☑ If you do not have a recycling bag or compost bin, please visit your site office.
- ☑ Only patio furniture is permitted on balconies. Please do not store anything on your balcony as this can be a fire hazard.
- ☑ Do not affix anything to the exterior walls of your apartment/balcony.
- ☑ Barbeques are not permitted on balconies.
- ☑ Report any pest-related incidents to your site office immediately so they can be taken care of as soon as possible.
- ☑ Your parking spot is for registered vehicles only. Please do not use your space for washing your vehicle or storing other items.

### 211 SERVICE ONTARIO 211 SERVICE WHERE TO TURN WHEN YOU NEED INFORMATION

211 is a helpline and online database of Ontario's community and social services. 211 is answered and updated by highly trained specialists.

211 connects people to the right information and services, strengthens Canada's health and human services, and helps Canadians become more engaged with their communities.

To connect with the service, simply dial 2-1-1 on your telephone or access their database online at [www.211ontario.ca](http://www.211ontario.ca)

### ONLINE MAINTENANCE REQUEST PROMO

## GO PAPERLESS!

Did you know that our Tenant Services Portal is available to accept maintenance requests? Go to [www.mandrholdings.com](http://www.mandrholdings.com) and click on the Tenant Services icon. Once there, fill-out the Maintenance Request Form online and click "Send". It's that easy!

**CONTEST!**  
**RECYCLE RIGHT: HOW WELL DO YOU KNOW YOUR THREE RS?**

We want to test your recycling knowledge! Enter to win 1 of 10 \$25 Tim Hortons gift cards by answering the five TRUE or FALSE questions below.

**HOW TO ENTER**

1. Send an email to residentservices@mandrholdings.com with "RECYCLING TRIVIA" in the subject line. (If you do not have an email address, you can enter the contest at your site office.)
2. Indicate your answers – TRUE or FALSE – for each question.
3. Provide your name, building address and apartment number, and telephone number.
4. The contest closes on June 30, 2017.

*Entrants who have answered all questions correctly will be entered into the draw to win. Please note that this contest is open to current M&R residents only.*

**TRUE OR FALSE?**

1. Milk cartons go into the blue bin.
2. Soft and hard cover books are not recyclable.
3. Disposable coffee cups (Starbucks, Tim Hortons, etc.) should go into the blue bin.
4. Fruit and vegetable waste should go into the green bin.
5. Black, green or opaque grocery bags filled with recyclables are allowed in the blue bin.



**TORONTO CALENDAR OF EVENTS**

Check out some of the upcoming events in the GTA that will be fun for you and the family. All of these events come directly from the event directory at Toronto.com. Remember, dates and times are subject to change, so always confirm the event before heading out!

**Winter Stations**

*Now - March 27 at The Beaches*  
Winter Stations Design Competition transforms lifeguard stations into playful art installations. Winter Stations features works from the winners of the International Design Competition and celebrates Toronto's winter waterfront landscape.

**The Spring Cottage Life Show**

*March 31 - April 2 at The International Centre*

The Spring Cottage Life Show returns to The International Centre with more than 550 exhibitors, experts and Cottage Life personalities on hand to help cottagers plan, organize and get ready to enjoy the outdoors and open their cottages for the summer season. New to the show this year is the Cottage Garden featuring native pollinator-friendly flowers and plants. Play some Cottage Games and then get hands-on at the Tree Planting Zone to pot a white pine seedling. The

always popular Dock Party and Cottage Kitchen will also be at the show.

**Digiplayspace**

*Now - April 23 at TIFF Bell Lightbox*  
At digiPlaySpace 2017: Creative Machines get hands on with robots, algorithms and machines to build your own amazing creations! Unlock your inner maker through the latest interactive art installations, game designs and new technologies. Play with

expressive robots, learn to code and surround yourself with light and movement to transform your view of the world and create new artistic possibilities. This year's exhibit features 23 installations from eight countries, showcasing the evolution of play in the 21st century.

**Fashion Art Toronto**

*April 18 -22 at Daniels Spectrum*  
Fashion Art Toronto returns with its annual five-day celebration of provocative, avant-gar-

de and cutting-edge fashion and art. With over 45+ runway shows and performances, photography exhibits, art installations and fashion films planned, audiences can expect to be inspired. Fashion Art Toronto continues to be Canada's foremost platform for independent fashion and design.

**Victoria Day Fireworks**

*May 29 at Ashbridge's Bay*

**WE WANT YOUR FEEDBACK!**

M&R is a two-time winner of the Customer Service Award of Excellence from the Federation of Rental Housing Providers of Ontario (FRPO). This award was presented to us in 2015 and 2016 at the property management industry's most anticipated annual event: the FRPO MAC Awards. One of the ways we can continue to get bigger, better and stronger is by hearing what YOU have to say! Do you have a suggestion on how we can make our services or buildings even better? Do you have ideas on what you want to see in the next newsletter?

**DROP US A LINE AT**  
residentservices@mandrholdings.com. We'll share some of the best suggestions in upcoming newsletters and keep you updated on their progress as we work to implement them.

**TENANT REFERRAL PROGRAM**

**EARN \$300 BY REFERRING ANOTHER GREAT RESIDENT LIKE YOU!**  
Request a Tenant Referral Form from your building management representative today.

**PRE-AUTHORIZED PAYMENTS**

Make paying your rent a breeze with our pre-authorized payment program. Say goodbye to cheques and monthly reminders by having your rent paid automatically out of your bank account. Contact your building manager for details and to sign up.

**CUSTOMER SERVICE AWARD of EXCELLENCE**



**WINS MAC AWARD**

The M&R team is very proud to announce that, for the second consecutive year, we won the Federation of Rental Housing Providers of Ontario's (FRPO) Customer Service Award of Excellence at their annual MAC Awards gala in January.

The award recognizes a residential rental company that has provided outstanding customer service to its residents. M&R was awarded this honour for demonstrating a superior commitment to resident care by our teams and the organization.

**SURVEY TIME WE WANT YOUR OPINIONS!**



Last year, we sent you a survey that asked you a variety of questions about your satisfaction with M&R. We were so thrilled with the amazing responses we received from you that we are doing it again this year!

With your input, we are able to provide you with a higher quality of service and ensure that M&R is the best place to call home for everyone in our communities.



**For over 50 years**, M&R Holdings has been an integrated, family-owned building development and property management company. We believe that maintaining high standards is good business for us and for the people and businesses that call our buildings home. We are dedicated and committed to improving the quality of both our new and existing buildings.

Our buildings are not simply properties; they are our reputation and our future.